



SPRING INTO NETBALL

NOVEMBER
Saturday 14th, 21st & 28th

Classic

RETURN TO PLAY

Return to Play – Game Day Guidelines for our Spring into Netball
Classic held on November 2020



WHITEHORSE NETBALL

RETURN TO PLAY GUIDELINES
SPRING INTO NETBALL CLASSIC 2020

OVERVIEW

Our *Spring into Netball Classic* is all about a return to netball in a fun, safe environment.

Our *Classic* is a relaxed fun competition designed for players to reconnect with their teammates, their club, and their community.

The *Classic* will run over three weekends in November:

- Saturday 14th
- Saturday 21st
- Saturday 28th

WHAT TO EXPECT

FUN RETURN TO NETBALL IN A SAFE ENVIRONMENT

- Emphasis on fun and getting back into netball
- Rolling Subs will be permitted
- Limit of 80 teams across the whole competition
- 8min quarters played on the hour from 8am-5pm
- Clubs to provide a scorer and umpire for each team
- Scores will be taken

IMPORTANT INFORMATION

- All attendees must follow the instructions of WNA volunteers and staff.
- Access to the outdoor courts will be directly from the car park, entry and exit points will be clearly marked
- ALL attendees will be required to register their attendance. You will be required to scan the QR reader on entry and complete the requested information
- Masks are required for all attendees over the age of 12. They may be removed while playing netball only
- Spectators are NOT permitted. However, people required to supervise a child are allowed with a maximum of one parent/guardian per participant recommended.
- Access to the Stadium is for toilets only.
- There will be NO changeroom access.
- Please make sure players come ready to play, with uniform on and a full drink bottle
- There is strictly NO sharing of food or drinks. This includes lollies and fruit.
- Social distancing restrictions will be strictly enforced.
- Standing areas will be clearly marked for parents at each court.





WHEN YOU ARRIVE

CHECK IN AS SOON AS YOU ARRIVE

PLAYERS

You don't need to check in as your details will be captured on the scoresheets.

PARENTS / OFFICIALS / SPECTATORS

Everyone MUST check in before they enter!

You will see this sign along the entry and at the designated entry points for you to scan.

To scan – open your camera on your phone, hover the phone over QR Code with the lens facing the Code. A link to a form will pop up, click on this link and complete the form.

If you have any issues, and are unable to scan the code, please approach the volunteers at the entry point who can take down your details.

ENTRY AND EXIT

Entry and exits will be clearly signed. Do not enter the Sportlink facilities via the front entrance.



Welcome Back!

WE JUST NEED
YOU TO SIGN IN

SCAN QR CODE



Scan the QR Code via the camera on your phone to be taken to a secure online form allowing you to check in to this venue

Please see one of our volunteers if you're having trouble scanning



PLAYERS

DO NOT ATTEND IF YOU ARE FEELING UNWELL OR HAVE HAD CLOSE CONTACT WITH A CONFIRMED OR SUSPECTED COVID-19 CASE

ARRIVE READY

- Check you have a current Netball VIC Membership
- Arrive warmed up and ready to play, this includes uniform, runners, and any strapping you require.
- Do NOT arrive early, if you do, please remain in your car until five minutes before game time.
- Know your time and your court number before entering.

WHAT TO BRING

- Bring your own clearly labelled drink bottle.
- All players over 12 years old, must wear a face mask to and from the court. It can be removed when on the court.
- Hand Sanitiser. This will be applied before and after game and during breaks.

IMPORTANT INFORMATION

- Toilets and facilities are only accessible in an emergency.
- Do NOT share food, personal items or equipment.
- Get in – play – Get out.
- Do not touch the ball from another court. If it rolls onto your court during a game, kick it back!
- No handshakes or high fives at the end of your game.
- No Socialising before or after the games either around courts or in the carparks.
- Depart immediately after the game.
- Wash your uniform after each game with warm water and detergent.
- If you have a mobile phone, we encourage you to download the Covid-Safe App and have it open while you are at the *Classic*.



COACHES

DO NOT ATTEND IF YOU ARE FEELING UNWELL OR HAVE HAD CLOSE CONTACT WITH A CONFIRMED OR SUSPECTED COVID-19 CASE

ARRIVE READY

- Communicate with your team before arrival.
- Ensure all players and families are aware of all restrictions.
- Keep pre-game chat short and sharp.
- Warm up can only take place on court 5 minutes prior to match start time.
- Do NOT arrive early.
- Know your time and your court number before entering.
- Allow time to scan the QR Code on entry.

WHAT TO BRING

- MASK – Wear a mask at ALL times. This includes during the game.

IMPORTANT INFORMATION

- Only 1 Coach per team
- Bids can be shared amongst your team, however can only be used for one game.
- Maintain 1.5 metre physical distancing from players, umpires, spectators and officials
- Monitor your players and look for fatigue. Remember players have not been playing for several months and injuries may occur more easily. Not all players will respond the same to the match day activity.
- Get in – play – Get out.
- No handshakes or high fives at the end of your game.
- No Socialising before or after the games either around courts or in the carparks.
- Depart immediately after the game.
- The Spring into Netball Classic has been designed for a FUN return to netball, please do not take the games too seriously. Encourage participation and fun.
- We encourage you to download the Covid-Safe App and have it open while you are at the *Classic*.





UMPIRES

DO NOT ATTEND IF YOU ARE FEELING UNWELL OR HAVE HAD CLOSE CONTACT WITH A CONFIRMED OR SUSPECTED COVID-19 CASE

ARRIVE READY

- Arrive ready, this includes uniform, runners, and any strapping you require.
- Do NOT arrive early.
- Know your time and your court number before entering.
- Allow time to scan the QR Code on entry.

WHAT TO BRING

- MASK – You do not need to wear a mask during the game but you must wear one at ALL other times.
- Bring your own clearly labelled drink bottle.
- Your whistle. Do not share any equipment or personal belongings.

IMPORTANT INFORMATION

- Each court will have a Covid Tub with two WNA game balls, hand sanitiser gel, spray for the balls and wipes as well.
- Maintain 1.5 metre physical distancing from players, umpires, spectators, and officials
- If you are umpiring more than one game, ensure you wash your hands or sanitise between games.
- It has been several months between umpiring so please listen to your body as injuries may occur more easily.
- Umpire sign-in will be at Mission Control external windows. Personal belongings can be left here with Mission Control personnel
- We encourage you to download the Covid-Safe App and have it open while you are at the *Classic*.



PARENTS / GUARDIANS

DO NOT ATTEND IF YOU ARE FEELING UNWELL OR HAVE HAD CLOSE CONTACT WITH A CONFIRMED OR SUSPECTED COVID-19 CASE

DO NOT ALLOW YOUR CHILD TO ATTEND IF THEY ARE FEELING UNWELL OR HAVE HAD CLOSE CONTACT WITH A CONFIRMED OR SUSPECTED COVID-19 CASE

ARRIVE READY

- Ensure your child arrives ready, this includes uniform, runners, and any strapping they require.
- Do NOT arrive early.
- Speak to your child about the guidelines and ensure they understand and will abide by all the regulations.
- Scan the QR Code on arrival to register your attendance.

WHAT TO BRING

- **MASK** – Wear a face mask at ALL times.
- Ensure your child has remembered their own clearly labelled drink bottle.
- If you are rostered on by your club for scoring, please bring your own pen and remember to keep 1.5m from the other scorer.

IMPORTANT INFORMATION

- One (1) parent per child is allowed at the venue. No other spectators. Siblings should only attend if absolutely necessary and must abide by Covid regulations.
- Maintain 1.5 metre physical distancing and do not be in groups of more than 10.
- If you are rostered on by your club for scoring, please remember to keep 1.5m from the other scorer and ensure all players are listed on the team list. This is **CRITICAL** for attendance recording and will be used for contact tracing should it be required!
- We encourage you to download the Covid-Safe App and have it open while you are at the *Classic*.



**SPRING INTO
NETBALL** *Classic*



**WHITEHORSE
NETBALL**

OUR COMMITMENT TO OUR NETBALL COMMUNITY

- **Abide by Netball Victoria Return to Play Guidelines.**
- **Abide by Government Regulations.**
- **Provide game balls that will be looked after by the umpires and officials and will be sanitised following each game.**
- **Sanitise all shared equipment.**
- **Provide hand sanitising stations around the courts.**
- **Provide information to all players about court allocations and times of games.**
- **Have clear signage at the venue to support current regulations.**
- **We will maintain attendance registers for each day of the *Spring into Netball Classic* with QR Codes and manual capabilities at each entrance.**
- **Ensure we monitor changes to Netball VIC and/or Government regulations and apply as required.**



NETBALL VICTORIA

MEMBERSHIP

- All players are required to be covered by the Netball Victoria's Membership
- If players have received a partial refund they remain a 2020 Netball Victoria member and are able to play in the *Spring into Netball Classic*.
- If players did not play at all in 2020 and received a full refund, they will need to purchase a membership prior to playing which are currently half price. Alternatively, they can purchase a Single Game Voucher for each game they intend to play.

RETURN TO COMMUNITY NETBALL

- Further pages outline Netball Victoria's Return to Community Netball with regards to:
 - Dealing with a Suspected Covid-19 Case
 - Face Masks
 - Essential Hygiene Protocols
 - Sanitising your Netball
- Whether you are a player, coach, umpire, official or parent/guardian, please take the time to read through these pages before attending the *Spring into Netball Classic*.

DEPARTMENT OF HEALTH AND HUMAN SERVICES

COVID-19 – SLOW THE SPREAD

- The final page provides further information on slowing the spread of Covid-19 as provided by the DHHS.
- Whether you are a player, coach, umpire, official or parent/guardian, please take the time to read through this page also before attending the *Spring into Netball Classic*.



DEALING WITH A SUSPECTED COVID-19 CASE

A MEMBER HAS A SUSPECTED COVID-19 CASE. WHAT SHOULD WE DO?

The member should get tested as soon as possible. The individual should return home immediately after the test and must remain in self-isolation at home until they find out their test result.

The individual and the members of their household, should not participate in netball or any netball related activity until the result is known. If the test is negative, the member should still isolate at home until their symptoms are completely gone.

A MEMBER HAS A CONFIRMED POSITIVE COVID-19 CASE. WHAT SHOULD WE DO?

The member should isolate at home and follow the direction of the Department of Health and Human Services. The individual should notify the club immediately.

The individual and the members of their household, should not participate in netball or any netball related activity. Anyone who has come into close contact with a confirmed, positive COVID-19 case should quarantine for 14-days.

A member who has tested positive for COVID-19, should isolate until they receive a clearance from the Department of Health and Human Services. The member should gain medical clearance before returning to training, competition, or any netball related activity.

The individual should notify the Club, Association or League as soon as practical. The Association or League should then notify all clubs or teams of the recommendations of the Department of Health and Human Services. This information should be used to decide whether to proceed, postpone, suspend, or cancel games. The Department of Health and Human Services may direct venues to close or be cleaned. Venues should only re-open on the advice of the Department of Health and Human Services.

THERE IS A SUSPECTED OR POSITIVE COVID-19 CASE AT A LOCAL SCHOOL. WHAT SHOULD WE DO?

Where there is a suspected or positive COVID-19 case, local schools will provide direction to their school community. Students may be asked to self-isolate while the school is cleaned, while testing is completed, or while contact tracing occurs.

If the school has closed and advised students to stay at home, then clubs or teams should recommend that players from that school do not attend training or play in any fixtured games.

The school or the school authority will notify students when it is safe to return to school. Once students are cleared to return to school they may also return to netball.

The contact tracing team will notify students if they are a close contact of a confirmed positive COVID-19 case. Those individuals should follow the directions of the Department of Health and Human Services.

A MEMBER HAS HAD CONTACT WITH A SUSPECTED COVID-19 CASE. WHAT SHOULD WE DO?

Any individual who is considered a close contact of a suspected or positive case will be contacted directly by a contact tracing team and provided with relevant advice.

THERE IS A POSITIVE OR SUSPECTED CASE IN OUR LOCAL COMMUNITY. SHOULD WE POSTPONE OR CANCEL OUR COMPETITION?

Take time to consider the facts. Rely on real information, not rumours or gossip. Consult with Netball Victoria. Consult with your clubs and teams.





**WEAR A
FACE MASK**



**IF YOU FEEL UNWELL,
DO NOT ATTEND**



**MAINTAIN 1.5 METRE
PHYSICAL DISTANCING**



**WASH
YOUR
HANDS**

FACE MASKS

- Everyone aged 12 years and over must wear a face mask when they leave home.
- Players, team officials, umpires, scorers, volunteers and parents/guardians must wear a face mask at the venue, this includes on arrival and departure from the venue.
- Children aged between three and 11 years do not have to wear a face mask, but individual families can make their own decisions regarding their children.
- Children aged two years and younger should never wear a face mask.

PLAYERS

- Players do not need to wear a face mask during competition or training.
- Players need to wear a face mask before and after playing.

COACHES AND TEAM OFFICIALS

- It is recommended that coaches and team officials wear a face mask during competition and training.

UMPIRES

- Umpires do not need to wear a face mask while officiating.
- Umpires need to wear a face mask before and after officiating.

SCORERS

- Scorers must wear a face mask.

ADMINISTRATORS AND VOLUNTEERS

- Administrators and volunteers must wear a face mask.

PARENTS/GUARDIANS

- Parents/guardians must wear a face mask.
- Parents/guardians are required to maintain a 1.5 metre physical distance and should maintain gathering limits of less than ten people.

HEALTH AND HYGIENE

- Wash your hands
- Maintain 1.5 metre physical distancing when not participating.
- Anyone who is unwell should not attend.
- Anyone experiencing COVID-19 symptoms should get tested.
- Download the CovidSafe App.
- Follow all directions provided by your Club or Association.

For more information, [click here](#).



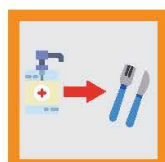
ESSENTIAL HYGIENE PROTOCOLS

ALWAYS TAKE THE FOLLOWING STEPS TO ENSURE YOU, YOUR COLLEAGUES, AND TEAM MATES REMAIN HEALTHY.

GENERAL HYGIENE



WASH YOUR HANDS OFTEN WITH SOAP AND WATER FOR AT LEAST 20 SECONDS.



WASH OR SANITISE YOUR HANDS BEFORE EATING.



IF SOAP AND WATER ARE NOT AVAILABLE, USE AN ALCOHOL-BASED HAND SANITISER.



AVOID TOUCHING YOUR EYES, NOSE AND MOUTH.



COVER YOUR MOUTH TO COUGH OR SNEEZE.



STAY HOME AND SEEK MEDICAL TREATMENT WHEN YOU ARE SICK.



AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK.

NETBALL HYGIENE



DO NOT SHARE DRINKS, TOWELS, LIP BALM OR SUNSCREEN WITH OTHERS.



PLACE HAND ALCOHOL-BASED SANITISER AROUND THE VENUE AND IN TOILET / CHANGE ROOM FACILITIES.



ASSOCIATIONS AND CENTRES SHOULD ENSURE ALL VENUES ARE MAINTAINED AND CLEANED TO A HIGH STANDARD.



NO PHYSICAL CONTACT PRE OR POST GAME. NO HIGH FIVES, FIST BUMPS OR OTHER FORMS OF PHYSICAL CELEBRATIONS DURING GAMES.



MINIMISE POSITION ROTATIONS AND / OR HAVE MULTIPLE SETS OF BIBS.



WIPE AND CLEAN NETBALLS AFTER TRAINING AND GAMES.

We will continue to take the advice of the Government and the World Health Organisation and will prepare based on that advice. A healthy community is our priority and we thank everyone for the role they'll play in ensuring this is the outcome.

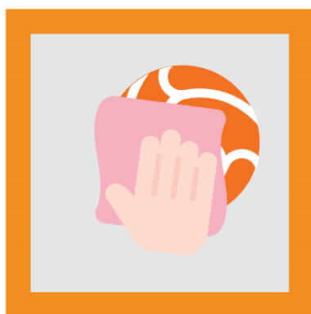
UPDATED AS OF 15 MAY 2020



3 STEPS TO SANITISE YOUR NETBALL

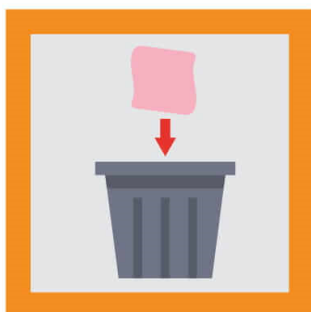
ALWAYS TAKE THE FOLLOWING STEPS TO ENSURE YOU, YOUR COLLEAGUES, AND TEAM MATES REMAIN HEALTHY.

STEP 1



WIPE THE SURFACE
OF YOUR NETBALL
USING A SINGLE USE
ANTI-BACTERIAL
WIPE

STEP 2



DISPOSE OF THE
WIPE IN THE
NEAREST BIN

STEP 3



WASH YOUR HANDS





Slowing the spread of coronavirus

Stay home. Protect our health system. Save lives.

- ✎ **WASH** your hands often with soap and running water, for at least 20 seconds. Dry with paper towel or hand dryer.
- ✎ **TRY** not to touch your eyes, nose or mouth.
- ✎ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✎ **PHONE** your doctor or the hotline – **1800 675 398** – if you need medical attention. They will tell you what to do.
- ✎ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep.
- ✎ **BUY** an alcohol-based hand sanitiser with over 60% alcohol.



Find out more

www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

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Health
and Human
Services

